







KIDSTOWN LEARNING CENTER

MENU 5

Meal	Monday	Tuesday	Wednesday	Thursday	Friday
DATE	1/29/2018	1/30/2018	1/31/2018	2/1/2018	2/2/2018
Breakfast	Milk English Muffin (Butter & Jelly)	Milk Cereal	Milk Bread (butter & jelly)	Milk English Muffin (butter & jelly)	Milk Oatmeal
	Red Apple	Applesauce	Honeydew	Peaches	Mixed Fruit
Lunch	Milk Chicken Rotini Alfredo, Green Peas & Carrots	Milk Chicken Nuggets (Ketchup) Winter Squash Rice, Sliced Tomato	Milk Beef Picadillo, Brown Rice, Pinto beans, Broccoli	Milk Chicken Chop Sue, Special Rice, Mixed Green Salad (ranch dressing), Chow Mein Noodles.	Milk Pizza, Mixed Vegetables
	Pineapple	Peaches	Red Apple	Pineapple	Mixed Fruit
PM Snack	Sun Chips (whole Grain)	Whole Grain Crackers	Saltine Crackers	Cheese Crackers	Chocolate Chip Cookies
	Milk	Milk	Milk	Milk	Milk

Children one year of age must be served unflavored whole milk. Children two through five years old must be served either unflavored lowfat (1 percent) or unflavored fat free (skim) milk. Children six years old and older must be served unflavored lowfat (1 percent), unflavored fat free (skim), or may be served flavored fat free (skim) milk.

Menu is subject to change due to supply disponibilities