

# "Your Appetite Is Our Business"

# APPETITES

BROWARD (954) 989-9480 • FAX (954) 981-3015 Inc.

# FEBRUARY

Total # of Lunches

Child's Name

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|--|--|--|--|
| <b>HOT SUBSTITUTIONS AVAILABLE MONDAY - FRIDAY</b>                                  |  |  |  |  |
| <b>Monday</b><br><i>Chicken Nuggets</i>   | <b>Tuesday</b><br><i>Hamburger</i>   | <b>Wednesday</b><br><i>Beef Ravioli</i>  | <b>Thursday</b><br><i>Pizza Pocket</i>   | <b>Friday</b><br><i>Grilled Cheese</i>   |
|   |  | Beefaroni 1<br>Rolls<br>Peas and Carrots<br>Dessert<br>Milk or Juice                             | Super Cheesy 2<br>Macaroni & Cheese<br>Carrots<br>Warm Dessert<br>Milk or Juice              | All Whitemeat 3<br>Chicken Nuggets<br>Smiley Fries<br>Mixed Vegetables<br>Dessert<br>Milk or Juice       |
| Hamburger on a Bun 6<br>Spudsters<br>Corn<br>Dessert<br>Milk or Juice               | Lasagna 7<br>Rolls<br>Sweet Peas<br>Dessert<br>Milk or Juice   | Fish 8<br>Mashed Potatoes<br>Peas and Carrots<br>Dessert<br>Milk or Juice                        | Arroz Con Pollo 9<br>(Yellow Rice w/Chicken)<br>Green Beans<br>Warm Dessert<br>Milk or Juice | All Whitemeat 10<br>Chicken Nuggets<br>Macaroni & Cheese<br>Mixed Vegetables<br>Dessert<br>Milk or Juice |
| Cheeseburger on a Bun 13<br>Smiley Fries<br>Green Beans<br>Dessert<br>Milk or Juice | Ravioli 14<br>Rolls<br>Sweet Peas<br>Dessert<br>Milk or Juice  | Salisbury Steak w/Gravy 15<br>Mashed Potatoes<br>Peas and Carrots<br>Dessert<br>Milk or Juice    | Super Cheesy 16<br>Macaroni & Cheese<br>Carrots<br>Warm Dessert<br>Milk or Juice             | All Whitemeat 17<br>Chicken Nuggets<br>Potato Spudsters<br>Corn<br>Dessert<br>Milk or Juice              |
| Chicken Patty on a Bun 20<br>Smiley Fries<br>Sweet Peas<br>Dessert<br>Milk or Juice | Baked Ziti Topped 21<br>w/Mozzarella Cheese<br>Dinner Roll<br>Mixed Vegetables<br>Dessert<br>Milk or Juice | Meatloaf 22<br>Brown Rice<br>Corn<br>Dessert<br>Milk or Juice                                    | Spaghetti w/Meatsauce 23<br>Dinner Roll<br>Warm Dessert<br>Milk or Juice                     | All Whitemeat 24<br>Chicken Nuggets<br>Yellow Rice<br>Carrots<br>Dessert<br>Milk or Juice                |
| Hamburger on a Bun 27<br>Spudsters<br>corn<br>Dessert<br>Milk or Juice              | Chicken Strips 28<br>Mashed Potatoes<br>Green Beans<br>Dessert<br>Milk or Juice                            | Mini Chicken Parmesan 29<br>Pasta<br>Dinner Roll<br>Mixed Vegetables<br>Dessert<br>Milk or Juice |  |  |

CHECK DAYS DESIRED AND WRITE SUBSTITUTE OR SANDWICH & CIRCLE BEVERAGE.

**ATTENTION!!**

SANDWICHES MAY BE SUBSTITUTED DAILY: JELLY, JELLY ONLY, AMERICAN CHEESE, TUNA, TURKEY, BAGEL & CREAM CHEESE, OR CAESAR WRAP (VEGETARIAN CHOICE).

**SANDWICH SUBSTITUTES INCLUDE CHIPS, APPLE, JUICE OR MILK.**

ALL LUNCHES ARE SERVED WITH WHOLE MILK OR 100% JUICE.

\*\*CHANGES MAY BE MADE BY CATERER WITHOUT NOTICE, DEPENDING ON AVAILABILITY.